



Forex LST System

Vladimir's Strategy Guide

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Introduction

Hello friend,

First of all, I'd like to thank you for purchasing the LST system. I wish you good learning, good simulation and good trading with it.

This guide is one of two written documents that come with the LST system. After reading this guide, be sure to read the User Guide document named: *Vladimir_LST_System_User_Guide.pdf*

So, what is the LST system?

The LST is the FIRST trading strategy based on a combination of divergence analysis and statistical concepts.

It includes my proprietary automated divergence recognition system, following specific conditions and analysis methodology (this indicator was made possible thanks to my partner Laszlo Hun and the team of specialists he leads). In addition, LST includes the candle patterns indicator, price tunnel indicator that will help us to identify ideal areas for entries and exits, and an execution scripts that will make entries easy & fast, while automatically calculating the risk/reward for you.

The LST was created to provide a solution for traders who are looking for statistical trading (more on that later). During the last period I've been asked by many to share a good proven strategy that trades divergences on any time frame and any pair. Well, that was quite easy for me since all I do for trading my live account is divergences.

But the challenge was to create something that will work for all market conditions. And for that, I used the biggest help from my team and my partners, and it is here with the LST.

In the past, when I presented my trading systems to my followers, I thought that it was good enough to provide a system proven to work, teach it, and let you make profits. But reality showed me that it might not be enough. That's why I decided to do it differently this time. That's why I decided to build the LST – Learn Simulate Trade.

The idea here is totally different. I ask you, DON'T believe me because I am Vladimir. Don't believe me because of my green eyes 😊 and DON'T believe me because I said it is good.

Learn it first!

SIMULATE it with my unique simulator. Prove YOURSELF it works and delivers, be convinced that you can make profits with the system, and only then –

Trade!

What I do want you to do is dedicate some time. Learn this system. Read my guide PDF. Watch my video of how I trade it. Then, practice with the simulator.

Practice as much as possible! Trade all the pairs you like. Trade the time frames you like! PROVE yourself that it works, build a trading statement with the simulator, and only then, go and trade live.

That's how confident I am of the LST system friends!

Template Basics

Before you continue with this guide, it would be helpful if you read the LST user guide book, found on the file:

Vladimir_Intraday_LST_User_Guide.pdf

Follow the instruction of how to install it and verify your license.

Once you've installed the system to your computer, please open the MetaTrader platform you installed it to.

Go to the chart, right click on the chart area, and choose the Vladimir's LST template.

That's how your chart will look like:



You can see at the bottom that there is an indicator that automatically identifies divergences for you. You don't need to search for divergences; it will do it for you!

Green divergence line means this is a bullish divergence and we look for an up move, Red divergence line means it is bearish divergence and we expect a down move.

As you see, the indicator has 4 colors. Light green and dark green, light red and dark red. When the slope changes, the color changes. When the histogram is above the zero line and the slope is going up, the color is dark green and when it's above zero line but the slope is going down the color is light green.

For the bearish situation – when the histogram is below the zero and the close is going down, it is dark red, but when the slope is going up it becomes light red.



On the chart itself you will get divergences. There are 4 colors as well for divergence but at this point ALL you need to understand is what a bullish divergence is and what a bearish divergence is. This is what I'm about to explain now:

What is a Bullish Divergence?

Bullish divergence is a situation when price create lower lows on the chart, but the indicator creates higher lows. When it happens, the indicator will show you the lines on the chart and the indicator.



What is a Bearish Divergence?

Bearish divergence is a situation when the marker (the prices) creates higher highs on the chart and the indicator shows lower highs. When it happens, the indicator will show you the lines on the chart and the indicator.



Entry Signal Conditions

So, what are we looking for when a divergence appears?

If a bearish divergence appears we will look for sell opportunities (more about that in the next pages).

If a bullish divergence appears we will look for buy opportunities (I will explain more later).

So once the divergence is there, the system is looking for a candle pattern to be created. The candle pattern that we use here are: hammer, inverted hammer, Marabuzo, engulfing. You might wonder why these specific patterns? The answer is that statistically I found that they are the most reliable with this kind of trading.

Here are some examples of how the chart looks like when a pattern appears:



What you will see on the chart is a pattern (marked with a colored square) and you will get a message telling you the direction of the alert (Buy in this example), the pattern name (Hammer in our case) and the date and the time the candle was identified.

More examples of alerts:





So, after understanding how the signal looks like, let's explain how we get a signal.

The Logic Behind The System

The system is based on divergence, candle pattern and extreme area. The first condition the system checks is that there is a divergence.

Once a divergence has been identified, the system is looking for certain candle patterns. The system automatically detects when such candle patterns appear. When this condition has been met as well, the last condition that needs to be satisfied, for this signal to be valid, is that prices have reached an extreme area.

Don't worry; you don't need to look for any "extremes". We built it automatically so the system is looking for a hidden parameter that checks for extreme situations. (hidden = the LST will look for it, but will not mark it on the chart).

ONLY when all 3 conditions will be confirmed you will get a signal.

Why do I say: "ONLY when all 3 conditions will be confirmed you will get a signal"?

Because it is possible that you will see a divergence with candle pattern and WON'T get an alert. It will be because these are **still not the market conditions we are looking for to trade!**

So when all 3 conditions are met we have a signal.

When you get a signal, you will see an arrow that shows the expected market direction. Red arrow above the candle pattern means look to sell, green arrow below the candle pattern means look to buy.

Examples:

Bearish signal – we look to sell:



Bullish signal – we look to buy:



Once we got the signal, a price tunnel will appear on the chart. Now, let's explain about the price tunnel.

The **price tunnel** is there to show us the best potential profit area for our trade. This tunnel will be different from trade to trade and it depends on market volatility and strength. The more volatile the market is the deeper the tunnel is.

Please note that we can use both lines as potential targets and I will elaborate about it and explain the differences later when we come to the trading rules.

Ok, so now you understand how the system finds signals for you and what does it is based on. Now it is time to understand how to trade the system and how to profit. What to do and what NOT to do, and how to maximize your profits.

Trading rules

Trading the LST is simple, even very simple. But to make it really profitable for you, you have to understand what you are.

So the first thing we will learn will be the entry rules.

- 1- Wait for a signal. Don't enter if you don't get a divergence + candle pattern + extreme area.
Once you have a signal you have to apply the "human eye rule" for confirmation, as I will explain now.
- 2- The Human Eye rule. If you have a signal to sell, you MUST confirm it by a resistance, meaning – you always want to sell at a strong resistance area. You can find the resistance on the same chart or better on one time frame higher than the one you got the signal on (For example, if you got a signal on 5 min chart, look for a resistance on 5 min chart or even better at 15 min chart.)
If you get a signal to buy, look for support level on the same time frame that you got a signal or one time frame higher.
Note – If you are an experienced trader, feel free to confirm via using your favorite technical tools such as Fibonacci levels, chart

patterns etc...

If you are relatively new to Forex market trading, use ONLY resistances/support – that's REALLY ENOUGH!).

Of course it will not filter 100% of the “bad” trades, but by confirming a divergence with a resistance/support we confirm that the market reached an important area and a retrace might happen.

Here are some examples:



We can see we have a buy signal so we have to confirm by support area. Looking back we can see that there is a strong support area, so our entry is good. Here is what happened after that:



Our target was reached. (More about how to set the target – in the next pages).

Another example:



And here is what happened afterwards:



As you can see, the market tried to go down, but without success.

At the end the trade failed.

BUT, we got a clear resistance confirmation!

So, it is not a filter for 100% of the bad trades but definitely a MUST filter we have to apply to ensure we join the market at logical area to look for retrace.

3- Set the stop loss level - That's pretty much the simplest thing ☺

All you have to do is to set the SL few pips above the last high, if you got a bearish candle pattern and looking to sell. And if you got a bullish pattern and are looking to buy, set the SL few pips below the last low.

Examples:



- 4- Take profit- This is a little more complicated, so please make sure you read it carefully and understand the notes. Once we get a signal, we automatically get a price tunnel on the chart. This tunnel is different from trade to trade and is based on market volatility and strength. As a default, our final target is the second dotted line of the tunnel, the line that's furthest from the current price. But as I just said, it is a default take profit. As you know, the market is dynamic. We can set a take profit and let the market work, but I always prefer to manage the trade and to “listen” to what the market tells to me.

As we will discuss in the next pages, this strategy is all about statistics. Means, our goal is to gain more than we risk, per every single trade. Our goal is to risk some amount from our balance, let's say 1% per trade, and our goal is to take AT LEAST twice more than we risked, means – at least 2% per trade. We can also trade fixed lot sizes but I will explain later why I don't recommend that too much.

Therefore since our goal is to take twice that we risk, our take profit level can be changed.

If you enter a trade and you have at least twice bigger profit that you risked once you reached the first dotted line, my suggestion to you is to take the profits and close the trade. Here is an example for what I mean:



As you can see in this example, the default take profit is on the further line. BUT at the first line we will be already more than 2 times bigger at profits than the stop loss we were ready to risk. So if we reach this area, and we have a risk/reward ratio of 1 to 2 already, at least, my suggestion is to take the money if you see that the market has difficulties there at this area.

Let's see what happened right after the signal:



As you can see, once the price reached the first dotted line the profit we got was already twice bigger than the stop loss we risked. We can see that this area turned to be a stiff support as well and holds the prices several times.

In such situations, I recommend not to fight the market, and take you money. You already got your risk/reward you are looking for, so don't fight the market and take your profits.

There will be several conditions on the market where we can close the trade earlier than 1 to 2 risk/reward, but I will elaborate about all of them later.

Important Points Regarding Take Profits

The price tunnel is based on the market volatility and market CURRENT price action. Once you enter a trade the price tunnel will keep moving up or down updated to the market conditions and volatility. It is NOT repainted, but updated to the current market condition. What you have to do, is to update you profit, up or down, based to the line, once it is changed. Note – It will not happen in all the trades.

In conclusion we can say: aim to take a profit which is at least twice bigger than the risk you set or as default, at the deeper dotted line. If the

market gives you some “warning” signs before this line is reached, respect the first dotted line and take your profits.

I invite you to watch all my videos with live trade examples with all explanations how to trade correctly with the LST. You can download the entire LST videos library here:

http://forex-lst-system.com/LST_Video_Tutorials.zip

(this file contains the entire LST videos library and is about 250 MB in size)

Ok, and now once we understand the trading style with LST it's time for the DO and DON'T.

Before we start, I just want to summarize one more time the rules of trading the LST:

- 1- Get a signal
- 2- Confirm your entry with resistances/support on same/higher time frame
- 3- Set the stop loss
- 4- Aim to take profits which satisfy at least 1 to 2 risk/reward BUT respect both dotted lines.

And now let's learn the DO's and DON'Ts:

DO's and DON'Ts

The LST system is designed for all traders. Newbies and experts, intraday and long term traders, scalpers and swingers.

You can trade all time frames with it and all market conditions and make money with it as long as you keep the rules!

I ask you PLEASE don't believe me! Don't believe me because I am Vladimir Ribakov and don't believe me because I have green eyes 😊

TRY it yourself! We've build a simulator for this amazing system so you can prove yourself that you can make money with this system before jumping into the cold deep water.

And to make this system to work the best for you, there are several things you have to remember.

For those of you who know me, I have a saying that I use all the time:

Respect the market if you want it to respect you back!

There are several things that could make your trading results MUCH better and I am about to share them with you.

Apply these recommendations and you will see your results, exactly as the beta tester traders did.

Rule No. 1

Confirm your entry!

You don't have to do anything to identify or keep track of divergences or candle patterns or market extreme areas. The LST indicators will do the job for you. But what you do have to do, is to confirm that the area where you got the signal at, is a good area to enter a trade.

How can you do that?

Simple. Confirm it by resistances, support or trendline areas.

If you have experience of technical analysis you can use any other tool you like such as Fibonacci levels, channels, channels duplication, chart patterns or any other tool you know.

But if you are a newbie, or don't want to make it too complicated, I GUARANTEE you that using resistance and support levels is ENOUGH! All the statements that I've shared with you are based on trading the LST with confirmation only by resistances/supports.

So how do you do it?

Wait for a signal. Once you got a signal, understand what signal is that – bullish or bearish.

If that's a bearish signal you have to look for resistances around the area you got the signal. If that's a bullish signal – you have to look for support area around the signal area.

Why do it?

Divergence alone is not enough. Divergence happens normally when traders believe that the market has enough reasons behind the scene to change a direction. Resistances and supports are psychological areas that make the market to stop at them. There are many reasons why it could happen, but it is a fact of the trading world. So we will use this fact for our needs.

So once you have a divergence, confirm it by a resistance/support on the same time frame or one time frame higher!

Example:



On this example you can see that the area where we got our signal used to be a resistance twice, and 4 times holds as support. This is a stiff area so we can rely on that. This is a good signal, so we should look to take it.

Rule No. 2

Respect support/resistances during a trade!

If you entered a trade and it is going with your expected direction, but it has difficulties around any stiff support/resistance on the way, before reaching the target – DON'T fight it. Take your profits.

Here is an example of what I mean:



As you can see, after a good buy signal we can see that there is a stiff resistance area. If the prices will have difficulties around this area when reach it, we won't fight it but take the profits. Let's see what happened after that:



And here what happened right after that:



As you can see the resistance holds the prices. We see that several candles the resistance wasn't broken up. If that happens, DON'T fight it, take your profits EVEN if it is less than 1 to 2 risk/reward ratio that you planned to take at the beginning. We don't fight the market! We respect it as we want it to respect us back!

Rule No. 3

Risk/Reward ratio

The LST system is designed to work for any time frame. 5 min, 15 min, 1 hour, 4 hours, daily and even weekly charts!

The Money & Management method behind it are based on statistic concepts. For those of you who already know me, you know that I am a statistical trader. I live and believe in numbers. I believe that the way to trade and to make money is simple – gain more than you lose. It sounds like a cliché but it is true.

There are two ways to trade the LST's statistics concepts:

Fixed lot size or % R/R.

Let's elaborate about each.

Fixed lot size – It means that you trade the same lot size for all trades. You can have a trade that requires a stop loss of 20 pips and another which requires 500 pips and you still trade the same lot size. For this kind of trading, your goal is to profit as many pips as possible as every pip has almost the same value in money.

% R/R – It means that you choose what % of your account balance, you would like to risk per every single trade and the only thing that will be changed is the lot size you will trade. The bigger the stop will be, the lower the lot size you will need, in order to preserve the same risk (will be explained shortly). The smaller the stop will be, the bigger the lot size will be, as you need to risk same % from your balance.

Our default profit will be AT LEAST twice bigger than our risk. This means if I risk 1% per trade I would look to take at least 2% profit. If I risk 2% per trade, I would look to take at least 4% profit etc.

Trading this way will give me a total profit even if I profit only 34% of my trades.

Here is an example with numbers:

Trade No.	Profit	Loss	success rate
1	2%		40%
2		-1%	
3		-1%	
4		-1%	
5		-1%	
6	2%		
7		-1%	
8	2%		
9		-1%	
10	2%		
Total	8%	-6%	

You can see that even if I am correct ONLY 40% from my trades and I profit twice bigger than I risk, I will still make profits in total. In the example above I did 10 trades, 4 were profitable, 6 were losing.

It's 40% success. My total profit was 8% and total loss was 6% which still left me with **2% profit NET!**

Which of the lot sizing methods is more recommended for the LST?

For the LST, I personally believe in trading the % R/R method. You might wonder why?

Well the answer is simple and it is because with LST we trade ALL time frames!

With % risk we don't care about how many pips the stop loss is, because we risk same % per every trade. The only thing that will be changed is the lot size we will use.

That's why I trade the % risk per trade and aim to take AT LEAST twice more! There will be some exceptions when we can close earlier, and we will learn them later.

Important: If you get a signal and find that you don't have the R/R ratio we are looking for, which is at least 1:2 **DON'T** take this trade!!!

Here is an example:



What you can do is to improve your R/R. What do I mean?

Let's say that after the signal you noticed that the R/R is bad (as in the example above). BUT if the prices go little higher now, the stop loss in pips will be smaller and the potential profit will become bigger which will give me good R/R. So if prices retrace little bit to give you at least 1 to 2 R/R you can enter the trade.

Example:



We can see that after the signal the stop loss is above the last high which is about 30 pips. For the default take profit I have 64 pips distance which is GOOD and gives me 1 to 2 at least R/R. BUT there is HUGE support area that I must pay attention to. If price will have difficulties around this area, I will have to close manually.

But, if prices go few pips higher they can make my stop loss smaller and then even to the support I will have 1 to 2 R/R.

That's why I will look to join only if prices retrace little bit now, and give me better entry. Let's take a look:



I got the better price to enter. My stop now is 18 pips and the take profit on the support will be around 50 pips!!! This gives me EXCELLENT R/R ratio and I can jump in.

Let's see what happened after that:



Prices went to the support to give me my great R/R I had, thanks to being patient and waiting for the market to give me a better entry. It won't necessarily happen in every trade, and not even most of the trades, but that's what patience is all about. If I don't see a good R/R before entering the trade, I skip it or look for a better entry.

Rule No. 4

Don't fight the sideways!

Sometimes, when you enter a trade, you can have all the OKs to go, all the confirmations you need, but the market will go flat and do nothing.

There is an old saying that 70% of the time the market is moving sideways and only 30% of the times it is moving in a clear trend.

I am not sure how accurate is it exactly, but I do know from experience that it's better not to stay stuck in a trade when the market is sideways.

Here is an example of what I mean:



Here's what happened right after that, several candles later:



The risk/reward at the beginning of the trade was more than 1 to 2 which is exactly what we look for.

But after several candles we can see that the price tunnel moved little bit as it is dynamic to the market and the risk/reward in MAX now is 1 to 1. After 15 candles ride we can see that the market has difficulties and doesn't move up but is going sideways.

If it happens, don't fight it. Accept it and close the trade manually with small profit or loss. Just to make my point clear, watch how this trade was finished:



If we would stay in the trade we would finish with a loss.

The question that you might think about it is: so how many candles will tell me if it is sideways or not?

That would be a great question and I will be honest, there is no clear answer or exact number for that. It depends on how the market acts after that.

As a default I would say around 10 candles at least, but if you have good volatility during these candles, you might consider give the trade longer chance to work.

The idea is – DON'T fight the market, but listen to it. If it becomes sideways and your R/R is ruined, get out of the trade.

That's all the rules friends, that will help you maximize your profits and to enjoy the max power of the LST.

If you do what I recommend you will be amazed with your own success trading the LST.

And now, it's time for some extras from me. Tips directly from my trading dictionary.

1- **Join the Marabuzo's momentum**. As you know the Marabuzo pattern is one of the candle patterns we use here. It is detected automatically by our candle patterns indicator (built in the LST).

After the Marabuzo pattern, in 95% of the cases, the market continues with the momentum.

For example, if there is a bullish trend, and you got a bearish Marabuzo, most likely that the prices will rise little more, for few pips, and then the market will change the direction. Of course the change of the direction is not guaranteed, but the rise after the pattern will happen in 95% of the time. Let it rise for few more pips and then enter the trade. For this candle pattern, I recommend to calculate how many pips you have as potential profit to the FIRST dotted line, and set a stop loss then to be half of this profit or less.

Here is an example:



Here you can see that we got a Marabuzo and it went few pips lower with the current bearish momentum. I will now calculate how many pips I have to the first dotted line (the closer line) and based on that will set my SL.

The potential take profit at the first line is 34 pips. Mean I can set stop loss like 15-17 pips and that's should be good. That's what I do:



And here we go:



The trade was managed good and finished with profits.

2- **NPN & PNP** – These are important concepts from the divergence world and it is something I am glad to share. I've also recorded a video you can download here:
http://forex-lst-system.com/LST_Video_Tutorials.zip
(this file contains the entire LST videos library and is about 250 MB in size)

NPN means – Negative Positive Negative.

PNP means – Positive Negative Positive.

So what does it really mean?

Some of the divergence considered as more reliable (although I still recommend to take all signals you get as long as you have good R/R and you have confirmations by resistance/support area). These divergences are divergences where we have clear tops/bottoms.

For example: bullish divergence with two negative bottoms and one positive high in between them. Example:



You can see that the two negative lows that are below the zero line have one positive high in between them. This is NPN situation and is treated as more reliable in the trading world.

Here is example for bearish divergence – PNP :



As you can see we have two positive highs above the zero line and one low between them. This is PNP situation and is treated as more reliable in divergence world.

The good news for you, that my trading partner Laszlo did an amazing job here with his team and counted that into the indicator. If you get orange/pink divergence, as in the example above, it means that you have PNP bearish divergence and if you have light green divergence, as in two examples above, it means you have NPN divergence.

Good news, ha? ☺

3- **False break divergence** – This is another great tip I can give you. If you have a divergence, and your pattern creates also a false break above last high or last low, this is very reliable signal! It doesn't mean it will work 100% of the times, but it is very reliable sign!

Examples:



You can see here in this example that there was a support area that was broken down, the divergence was created and the engulfing pattern just broke up again above the support. This is a false break situation which in divergences world provide extra reliability for this trade to go up all the way to the target.

Moreover, in this example you also have NPN situation – with light green divergence!

These are the most reliable calls.

Use these tips friends and you will become a master trading the LST and the divergences!

Now for a couple of notes to bear in mind:

- Multiple alerts – Sometimes, when you get a signal and enter your trade, several candles afterwards you get another signal to the same direction. It happens usually when another candle pattern appears at the same area. Don't enter the same trade twice. Just hold you previous trade.
- No alert when a divergence with a pattern appears – It is rare but it could happen that you will see a divergence with a candle pattern and won't get an alert. Don't be confused. The divergence indicator identifies divergence once there is a clear top or bottom. if the top or the bottom are created after the candle pattern appeared, it won't alert you. I also don't recommend dealing with these kinds of trades. You will have A LOT of opportunities with the LST as it is, so please don't look for extra adventures...

And now friends to the last point I'd like to explain: the aggressive options:

In the LST system we included 3 aggression modes, so it caters for different flavors of traders. Some traders are more aggressive, some are more moderate and some are conservative.

You can control it in the LST indicator's parameters. That's how we named them:

- 1- Conservative
- 2- Normal
- 3- Aggressive

Please find all explanation how to use it and how to set it in the second PDF manual, [Vladimir_LST_System_User_Guide](#)

Please note that with aggressive mode you will get more trades but some of them will be riskier.

With conservative mode you will have fewer trades but they will be more reliable.

My personal preference is the "Normal" mode (number 2).

And here we come to the end of this guide. Please make sure to read it as many times as you need to understand ALL the things I shared. It will improve you trading and will maximize your results.

Please also take the time to watch my videos with trade examples and explanations about all kind of market special conditions here:

http://forex-lst-system.com/LST_Video_Tutorials.zip

(this file contains the entire LST videos library and is about 250 MB in size)

We will have many meetings in the LST webinars to learn together and to analyze the system.

My personal request for you is to give it a real chance. My team and me have put big effort here to create first ever system that will give solutions for all traders and conditions. I ask your patience and open mind to learn this amazing world of divergences.

As far as I know, this system is the first of its kind out there, that was designed to bring you profits even if you lose more trades than you win.

Please learn all the system rules, practice it with the simulator, prove yourself you make profits and good money and then trade the live account.

This is NOT a holy grail but a really common sense system of trading. There are no magic tricks. If you work correctly you can make money.

Please don't hesitate to contact my support team and myself in the LST Skype group and ask ALL questions you might have. Don't be alone. Don't be shy. Please give me the chance to build you up as a real trader.

I wish you success and I will see you in the group and the LST webinars.

Always yours,

Vladimir & team